

A quick note from experience...
Forage bags are very popular — and your rabbits will almost certainly make a glorious mess with them! Expect hay everywhere, a few shredded paper confetti pieces, and some very happy buns.
(We promise it's worth it. 💚)

Discover more guides, tips, and welfare advice on our Rabbit Care Hub.

www.nibbles.org.uk/rabbit-care

Nibbles Rodent & Rabbit Rescue
www.nibbles.org.uk
Reg Charity No. 1068657

Make Your Own Healthy Forage Bags!



Why not get creative and make snack time an adventure? 🌿

Forage bags are a fun, easy way to brighten your rabbits' day while supporting a good diet and natural behaviour. They're inexpensive to make, using simple, safe materials you may already have at home.

We make forage bags regularly for all the rabbits in our care — they're a firm favourite here at Nibbles! It's a wonderful way to give your buns a healthy treat that keeps minds busy, tums happy, and teeth in great shape.





What You'll Need



Plain brown paper bags (no print, wax or glue)



A crafting hole punch – we use a star-shaped one for extra fun!



Soft, flexible hay that's perfect for scrunching and hiding treats in



A tasty mix of dried forage for added flavour and texture



A few dried flowers to add natural fragrance and interest



A few healthy treats, small or easy to break up for hiding

How to Make Them

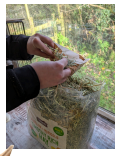


1



Punch a few holes in each side of the bag to let the scents escape and spark curiosity.

2



Add a small handful of hay, gently pressing it down to the bottom of the bag.





3



Sprinkle a little dried forage over the hay to add texture and make it extra tempting.

4

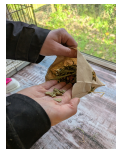


Sprinkle in a few dried flowers to add gentle, tempting scents.



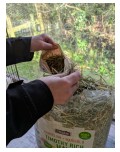


5



Sprinkle in a few small pieces of your rabbits' favourite healthy treats, then give the bag a soft shake to mix them through.

6



Top off the bag with a little more hay to create a tasty parcel for your rabbits to explore.





7



Gently scrunch or twist the top to close, then let your rabbits enjoy their tasty creation!